## PLYMOUTH ORTHOPEDIC SURGERY CENTER

## HIBICLENS ANTIBACTERIAL SOAP

## **OBTAINING HIBICLENS ANTIBACTERIAL SOAP**

If you need to obtain Hibiclens, it is available for pick up at the following locations:

- Plymouth Orthopedic Surgery Center 16800 37th Place North, Plymouth, MN 55446, Third Floor (no cost).
- Crosstown Surgery Center 4010 W 60th St, Edina, MN 44435, Third Floor (no cost).
- TCO Edina 4010 W 60th St, Edina, MN 44435, Second Floor (no cost).
- Two Twelve Surgery Center 111 Hundertmark Rd, #340, Chaska, MN 55318, Third Floor (no cost).
- For purchase, at your local drug store or pharmacy.

## **GUIDE FOR USING HIBICLENS ANTIBACTERIAL SOAP**

- You will complete two showers using Hibiclens. You will take one shower the night before your surgery and one the morning of surgery.
- If you plan to wash your hair, do so with your regular shampoo. Then rinse hair and body thoroughly to remove any shampoo residue.
- Avoid getting Hibiclens in your eyes, nose, ears, mouth, or genital areas.
- Apply Hibiclens soap to a wet washcloth; gently cleanse your body from the neck down. Focus on the area of your body that you will have surgery, cleansing for 5 minutes.
- Do not scrub your skin or use a brush.
- Do not shave any hair from your body.
- Dry your body with a clean towel.
- Do not apply any lotions, powders, perfumes or hair products after washing.
- Wear clean clothing and sleep in clean bedding.